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GUEST LECTURE ON NARCOTICS

A guest lecture was arranged about student's welfare on anti-drug addiction on September 4, 2019 at Sree Sakthi Engineering College. Mr. Vincent, Deputy Superintendent of Police, Narcotics, graced the function. He had spoken about Drug addiction which is a very severe problem around the whole world. His words are as follows, when we are addicted, we may not be able to control our drug use and we may continue using the drug despite the harm it causes. Drug addiction can cause an intense craving for the drug. we may want to quit, but most people find they can't do it on their own.

Not everyone who uses drugs becomes addicted, but for many what starts as casual use leads to drug addiction. Drug addiction can cause serious, long-term consequences including problems with physical and mental health, relationships, employment and the law. We may need help from our doctor, family, friends, support groups or an organized treatment program to overcome drug addiction and stay drug-free.

As we all know that drug is an illegal matter, however, some people inject it, drink or smoke it. Consuming drugs have a harmful effect on us both mentally and physically. The drug sellers create a network through which they target students and makes them addicted to drugs. The main aim of the dealers remains to create a vast network by attracting students and sell them for free at an initial stage.

It is noticed that students majorly consume drug out of unfair expectations and stress. When students fail to get any kind of emotional support, they turn towards drug in order to calm their agitation or anger. In some cases, reason remain due to poverty, students evolve in selling drugs to make a sum out of it. By such acts, a vicious circle is formed of drug addicts.

Due to drug consumption, it makes student mentally and physically weak. They tend to stay depressed and experience various life taking diseases. It's difficult to recover a drug addict and involves a high price for the procedure to be successful.

There's a fine line between regular drug use and drug abuse and addiction. Very few drug abusers or addicts are able to recognize when they've crossed that line. While frequency or the number of drugs consumed do not necessarily constitute drug abuse or addiction, they can often be indicators of drug-related problems.

If the drug fulfills a valuable need, you may find yourself increasingly relying on it. You may take illegal drugs to calm or energize yourself or make you more confident. You may start abusing prescription drugs to relieve pain, cope with panic attacks, or improve concentration at school or work. If you are using drugs to fill a void in your life, you're more at risk of crossing the line from casual drug use to drug abuse and addiction. To maintain a healthy balance in your life, you need to have positive experiences and feel good about your life without any drug use.

Drug abuse may start as a way to socially connect. People often try drugs for the first time in social situations with friends and acquaintances. A strong desire to fit in to the group can make it feel like doing the drugs with them is the only option.

Problems can sometimes sneak up on you, as your drug use gradually increases over time. Smoking a joint with friends over the weekend, or taking ecstasy at a rave, or painkillers when your back aches, for example, can change from using drugs a couple of days a week to using them every day. Gradually, getting and using the drug becomes more and more important to you.

As drug abuse takes hold, you may miss or frequently be late for work or school, your job performance may progressively deteriorate, and you may start to neglect social or family responsibilities. Your ability to stop using is eventually compromised. What began as a voluntary choice has turned into a physical and psychological need? Eventually drug abuse can consume your life, stopping social and intellectual development. This only reinforces feelings of isolation.

In the end, I would like to request students that one should involve with parents and friends for their problems and solve the matter through other alternatives. It can destroy generations and can destroy everyone's future. We should say absolute 'NO' to drug consumption and help our family and nation to grow healthy.



GUEST LECTURE ON STUDENT DISCIPLINARY

A guest lecture was arranged about student's welfare on anti-drug addiction on 10/09/18 at Sree Sakthi Engineering College. Mr A.L.SOMAYAJI graced the function. He had spoken about, Eve Teasing which is a very severe problem around the whole world. His words are as follows,

- i) EVE TEASING
- ii) ANTI RAGGING
- iii) SEXUAL HARASSMENT
- iv) STUDENT RIGHTS



I) EVE TEASING

Gender discrimination is enormous issue not only in Indian society but worldwide. It affects women's social, cultural, and political involvement. This process of discrimination begins at adolescent age. Eve-teasing is emerging as a widespread burning issue throughout the country at present. The term Eve-teasing refers to the harassment of women by men. Today eve-teasing has been categorized into five heads, verbal eve-teasing, physical eve-teasing, psychological harassment, sexual harassment and harassment through some objects. The stress caused by eve teasing is no less or less in magnitude than other horrendous crimes against women. It is the worst form of trespass to person possible. The paper discusses the aspects of eve teasing and their negative impact on Indian girls.

Women are not only standing but also competing with men at various fields even than the crime against the women in society is increasing in many forms. Violence against women is

experienced by women of all ages and social classes, all races, religions, and nationalities, all over the world. It is overwhelmingly perpetrated by men.

Eve teasing is one of the huge issues of metropolitan cities of India. A large number of Indians women have faced or facing the eve teasing at public places, shopping malls and public transport system. Women face the threats of eve teasing at everywhere. The issue of eve teasing is increasing day by day not only in the urban areas but also in the rural areas. Eve-teasing is a widespread social monster and a complex problem.

We are used to see the girls subjected to teasing from television screen to nearby street. It starts at the face of a girl much before she reaches adolescence. Eve teasing is not depending on the how the woman looks or what she has wears or where she goes even aged woman are also facing such kind of teasing.

Women's mental health cannot be considered in isolation from social, political, and economic issues. There are sufficient reasons for in current social arrangements today in India which causes enormous stress and surfeit of depression experienced by women and the stress caused by eve teasing is no less or less in magnitude than other horrendous crimes against women. It is the worst form of trespass to person possible. It is done intentionally to hurt a woman physically, emotionally and spiritually. It is also done to wrongfully gain the attention of the woman. According to Justice Verma's Report – A Respite for Indian Women, "If a man wishes to talk to a woman, he can do so in a graceful and dignified manner without offending the sensibilities of the woman. He does not need to stalk a woman, behave in an uncouth and uncivilized manner to get attention. Moreover, if a woman has rejected his advances, he should accept that gracefully. t is more torturous for small girls and adolescents."

II) ANTI RAGGING

Obviously creating awareness about ragging is the first and the last answer to this most pertinent question. In our core of hearts, we felt an inner urge to bring out this monograph on ragging to create a total and complete awareness about the evil and damaging effects of ragging on students, nay, on the whole of academic world. The urge was felt with a sense of fellow feeling with the student community aspiring for the best in their career, who are the jewels of the nation.

The term "Ragging" is commonly known in India, Pakistan, Sri Lanka and in many other countries and is a form of abuse on newcomers to educational institutions. It is almost similar to the western form, known as "Hazing", but is commonly much more severe. Ragging is different from "hazing" in that it is forced on the victim, whereas "hazing" is done with the consent of a person.

The finding that the perception of adequate support being in place for newly admitted students at their medical college is the strongest relief for someone having anxiety about new environment is an important one. Students who feel unsupported are more likely to be harassed, bullied, and ragged is a finding in many another research. A prior orientation

session to students and their parents about ragging, its ill effects, anti-ragging movement, antiragging committee, anti-ragging squad in our college on the very first day of college by the faculty members may help to a great extent to newcomers. Also, creation of an awareness drive about ragging among senior students, and all college faculty members may help to curb the menace of ragging from our society.

III) SEXUAL HARASSMENT

Over the last few decades, research, activity, and funding has been devoted to improving the recruitment, retention, and advancement of women in the fields of science, engineering, and medicine. In recent years the diversity of those participating in these fields, particularly the participation of women, has improved and there are significantly more women entering careers and studying science, engineering, and medicine than ever before. However, as women increasingly enter these fields, they face biases and barriers and it is not surprising that sexual harassment is one of these barriers.

Over thirty years the incidence of sexual harassment in different industries has held steady, yet now more women are in the workforce and in academia, and in the fields of science, engineering, and medicine (as students and faculty) and so more women are experiencing sexual harassment as they work and learn. Over the last several years, revelations of the sexual harassment experienced by women in the workplace and in academic settings have raised urgent questions about the specific impact of this discriminatory behavior on women and the extent to which it is limiting their careers.

Sexual Harassment of Women explores the influence of sexual harassment in academia on the career advancement of women in the scientific, technical, and medical workforce. This report reviews the research on the extent to which women in the fields of science, engineering, and medicine are victimized by sexual harassment and examines the existing information on the extent to which sexual harassment in academia negatively impacts the recruitment, retention, and advancement of women pursuing scientific, engineering, technical, and medical careers. It also identifies and analyzes the policies, strategies and practices that have been the most successful in preventing and addressing sexual harassment in these settings.

IV) STUDENTS RIGHTS

As an Indian citizen, most of us are more or less aware of our rights and duties towards the nation but, do we know what are the constitutional rights of Indian students? The Indian law has not defined any statutory meaning of the term 'student'. All the legal rights available to a citizen of India are available to students in general which makes it challenging for a student in India to exercise their rights in a proper way.

According to Prasouk Jain and ApurvChandola from LPJ & Partners, the word student has not yet been statutorily defined and there is also a lack of any codified law for Student rights in India which makes it difficult for students today to exert their rights in a systematic manner.

They share," Laws focusing on the needs of students is a much-needed exercise to be conducted by the Government to avoid biases in academics, sports and other spheres. Codified laws could further help protect them from the arbitrary action of institutions, individuals or the state. While the same is under process, awareness is the key for a student to protect his or her rights and we hope that this article helps give an insight into some of their basic rights”

Engaging students in learning about natural phenomena and engineering challenges via science investigation and engineering design increases their understanding of how the world works. Investigation and design are more effective for supporting learning than traditional teaching methods. They engage students in doing science and engineering, increase their conceptual knowledge of science and engineering, and improve their reasoning and problem-solving skills.

In the end, I would like to request students that one should involve with parents and friends for their problems and solve the matter through other alternatives. It can destroy generations and can destroy everyone's future. We should take promises and in charge to stop these social evil activities and involved into serve for the nation.